THE STUDIO

GYM RULES

The Studio is available for guests to enjoy safely and responsibly. By using the facility, guests agree to follow the gym rules and accept responsibility for their own participation.

01

Clean after yourself

Please wipe down all equipment after use, including benches, handles, seats and mats, to help maintain a clean and safe environment for all guests.

02

Re-rack all weights

All dumbbells, plates and attachments must be returned to their designated storage location after use to help keep the area safe and tidy for all guests.

03

Use equipment safely

Ensure all pins, clips and adjustments are secure before use, and please report any damaged or faulty equipment to hotel staff immediately.

04

Respect others

Be considerate of other guests by sharing equipment during busy periods, keeping noise to a reasonable level, and not obstructing walkways or access routes.

05

Age policy

Guests under the age of 16 are not permitted to use The Studio, while guests aged 16–18 must be accompanied by a responsible adult at all times.

06

Personal conduct

Appropriate fitness clothing and footwear must be worn, food is not permitted, water bottles with secure lids allowed, and belongings stored safely away from training areas.

07

Follow staff instructions

Hotel staff reserve the right to intervene where unsafe behaviour is observed. Guests must follow all instructions provided by staff to help maintain a safe environment.

08

Health & safety

Do not use The Studio if advised against exercise, if you have an injury or condition affected by exercise, or if under the influence of drugs, alcohol, or anything that may impair safe use.

09

Liability

By using The Studio, you do so entirely at your own risk and accept full responsibility for any injury, loss or damage that may occur as a result of your participation.

THE IMPERIAL