



Platinum Jubilee Afternoon Tea

*Selection of Sandwiches
Scone served with Strawberry Jam, Clotted Cream & Fresh Strawberries
Assortment of Cakes
Pot of Tea or Coffee*

**£29.95 per person
Including a Jubilee Cocktail**



How Afternoon Tea Took Over The Afternoon



Anna Maria Russell, the 7th Duchess of Bedford, is best remembered as the creator of the British meal afternoon tea whilst visiting the 5th Duke of Rutland at Belvoir Castle in the mid-1840s.

During the 18th century, dinner came to be served later and later in the day until, by the early 19th century, the normal time was between 7:00 and 8:30 p.m. An extra meal called luncheon had been created to fill the midday gap between breakfast and dinner, but as this new meal was very light, the long afternoon with no refreshment at all left people feeling hungry. She found a light meal of tea (usually Darjeeling) and cakes or sandwiches was the perfect balance.

The Duchess found taking an afternoon snack to be such a perfect refreshment that she soon began inviting her friends to join her. Afternoon tea quickly became an established and convivial repast in many middle and upper class households.